**GUIDELINES ACCORDING TO CDC, VT HEALTH DEPT AND OCA HOLY SYNOD.**

1. Fr. Mark and M. Reba have thoroughly cleaned and sanitized the church before re-opening. This included shampooing the carpets, washing the wood portions of the floor with bleach solution, wiping down all door knobs and pews, cleaning the restroom and dis-infecting all liturgical equipment and anything else that people may commonly contact. Any necessary cleaning will take place between each service.
2. The floor and pews are marked where people can stand and sit and still maintain physical distance. We have been given permission as of 6/21 to have 18 people in attendance including priest and 2 designated choir members.

3. **Those who should not attend services at this time:**

1. Anyone having symptoms of covid-19 or any flu or cold symptoms or any of the following:

Fever, coughing, sneezing, sore throat, difficulty breathing, muscle pain, loss of taste or smell

1. People in direct or indirect contact with people with covid-19.
2. Anyone over 65 with underlying medical conditions:

Diabetes, chronic kidney disease, liver disease, serious heart condition, asthma, obesity, immunosuppressed, cancer or other conditions that may put a person at high risk. (This is for your own protection.)

1. Small children since they are unable to maintain physical distance.

These parishioners have a blessing to seek out on-line services to attentively participate in.

**4. Before leaving home:**

Take each person’s temperature at home. If it is above 100.3, please remain at home. If you forget to take your temperature, there are several thermometers at the door of the church. After use, place in jar labeled ‘ alchohol.’ If you have a fever, please return home.

4. **When coming into church:**

We presently have a two Sunday rotation list. You may attend on the Sunday which you are listed. If you do not have the list, ask Fr. Mark which group you are listed in.

We keep a record of names and phone numbers of those who attend in the event that any contact tracing becomes necessary.

**Everyone MUST wear a mask inside the church!!** If you forget to bring a mask, there are disposable masks at the entrance. The two choir members will wear face shields to enable singing. Congregants may sing but only softly through their masks.

* Sanitize your hands at the front entry.
* Keep 6 feet apart from others not in your household.
* Keep your coat with you rather than hang on the coat rack.
* There will be no prosphora to send to the altar. This minimizes handling of objects.
* Candles will be laid out on the table in the vestibule. You may take one or two to light. No need for donation as this will keep handling of money to a minimum.
* If possible, your regular donations should be mailed in to lessen handling of cash and checks at church.
* Veneration of icons should be limited to bowing and the sign of the cross. No kissing or touching at this time.
* The two choir members will sing at the front facing away from the nave.
* Fr. Mark will serve alone in the altar in order to maintain physical distance. He will wear a face shield when distributing Holy Communion.

5.  **Holy Communion:**

Communicants may come forward individual and wearing mask, maintaining proper distance. Remove one strap of your mask when it is your turn. Fr. Mark will use a separate spoon for each person. No one will hold the communion cloth, so care needs to be exercised to keep particles from falling. Do not venerate the chalice by kissing. A simple bow is sufficient.

6. **Leaving the church:**

When the service is finished, please leave the church one at a time, maintain proper distance. Socializing can take place outside but not in the church.

7. **Bathroom:**

The restroom may be used by one person at a time in the basement. Please follow directions posted on the basement door.